PACK 4

The Doors

For the not-yet-diagnosed reader, and the one who's finished.

Assessment Prep CHAPTER 14

The Forward Page CHAPTER 16

Print what you need and leave the rest. These pages are free, there is nothing to sign up for, and nothing here expires. Each sheet reproduces the instrument from the chapter named beside it — if a page differs from the book, the book is right and this is a mistake worth telling me about.

BRING IT PRINTED

Assessment Prep

The condensed version.

DATE FILLED IN _____

What it costs me now

three specific, dated examples from the last month.

When it started:

earliest memory of the same pattern, plus what my school reports say.

Who can corroborate.

Name, relationship, and whether I've asked them.

What else has been suggested or ruled out,

previous diagnoses, medications, tests.

My three questions

including who prescribes and monitors afterward.

THREE LINES. THAT’S THE WHOLE PLAN.

The Forward Page

Small, because a large plan made today would be a document you feel guilty about by October.

DATE FILLED IN _____

The two lines that made me wince.

One thing I’d want to be different in ninety days.

Specific and unheroic. Not be organized — stop paying late fees, or finish the thing before the day it’s due.

When I’ll start.

A date. It’s allowed to be a month from now.