6.2

WORKSHEET · CHAPTER 6

The replay stop sheet

Sit up, with a light on, and not in bed. Five lines, in this order.

1. THREE FACTS

Only what a camera would have recorded.

a _____

b _____

c _____

2. ONE GUESS

What your head says it all meant.

_____

_____

3. ONE THING I CAN'T KNOW

The edge of the map. This is the line the replay keeps searching.

_____

_____

4. READ THE THREE BACK

☐ Done. The replay is trying to turn line 3 into line 1, and another pass won't change that.

5. SET THE STOP

Done at _____

In this place (not in bed) _____

Then something familiar _____

A show you've seen ten times, a podcast you know by heart, the usual walk.

On a bad day: only line 3. Write the thing you can't know, then put the show on.