4.1

WORKSHEET · CHAPTER 4

Input inventory

Sense by sense: what you go looking for, what you get away from, and what you do both with, depending.

SENSE	SEEK	AVOID	BOTH, DEPENDING
Sound			
Light			
Touch, clothes			
Smell			
Taste, texture			
Movement			
Temperature			

THE THREE QUESTIONS, ON ONE LINE FROM THE BOTH COLUMN

The line _____

When it's fine: ☐ I chose it ☐ I knew it was coming ☐ I was enjoying it

WHAT FILLS MY GLASS OVER A DAY

A bad night, a commute, a crowded office, an argument

On a bad day: just the both column. One line.