13.3

WORKSHEET · CHAPTER 13

The yearly refresh

Once a year, on a date you'll remember.

My refresh date _____

- ☐ Read the whole page.
- ☐ Crossed out what's no longer true.
- ☐ Added what's new, about either side.
- ☐ Checked my slow signs against the year. Did they show up before my hardest stretch?
- ☐ Gave the new page to everyone who had the old one.

On a bad day: skip it. Last year's page still works.